

# Expression Sessions

## FREE YOUTH SESSIONS

for young people aged 14-18  
- Saturdays from 12 noon

NOW taking place at:

Arthur Street Studios  
6 Arthur Street,  
Derby DE1 3EF

CREATIVITY  
(MUSIC, POETRY,  
DRAWING, DRAMA)

MAKE POSITIVE  
FRIENDS

FEED YOUR MIND

PERSONAL SKILLS  
DEVELOPMENT



Contact us for more information:

Tel: 01332 298185 (our office)  
Email: [gemtrulyblessed@gmail.com](mailto:gemtrulyblessed@gmail.com)  
(Will Sayer)

*Our aim is to help young people improve mental well-being  
through music, lyric writing and discussions.*



This project is run by  
Global Education Derby and  
funded by BBC Children in Need.



Global Education Derby is a Registered Charity No. 1049591 and a Company  
Limited by Guarantee registered in England & Wales No. 2642026  
Registered office address: 1<sup>st</sup> floor, 32 Charnwood St, Derby DE1 2GU